

Measurement Chart - Individual Block Draft

Chart 1

<p>Date: Person Measured: Person Measuring:</p>					
<p>Textbook: <u>Metric Pattern Cutting for Womens' Wear</u> Materials needed: fit model (note undergarments), elastic, flexible tape measure, rulers, pencil, pins Establish points: 1" below armpit, 1/4" on the arm along sleeve seam, shoulder tip, front mid-armhole, bust level (parallel to the floor), bust point, waistline (parallel to the floor), hip level, center back neck, shoulder blade level, shoulder seam/neckline, side seam/underarm intersection, side seam/waist intersection</p>					
<p>Individual's Measurements (ch. 15, p. 214) (live model's measurements, in centimeters) (Do not pull tape measure too tight or too loose)</p>		1/4	1/2	<p>Standard Body Measurements (ch. 1, p. 10-11) (find Standard Size measurements by comparing bust measurement of live model to chart p. 10 or 11)</p>	
1. Bust (cir)				1. Bust	
2. Waist (natural waste)(cir)				2. Waist (natural waste)	
2a. Low waist (5cm below waist) (cir)				2a. Low waist	
3. Hips (~21 cm from the waistline) (cir)				3. Hips	
4. Back Width (15cm below neck bone)				4. Back Width	
5. Chest (7cm below neck point)				5. Chest	
6. Shoulder				6. Shoulder	
7. Neck Size (cir)				7. Neck Size	
8. Dart (same as Standard Meas.)				8. Dart	
9. Top Arm/Bicep (cir)				9. Top Arm	
10. Wrist (cir)				10. Wrist	
11. Ankle (cir)				11. Ankle	
12. High Ankle (cir)				12. High Ankle	
13. Nape to Waist (back)				13. Nape to Waist	
14. Front Shoulder to Waist				14. Front Shoulder to Waist	
15. Armscye Depth (Standard Meas)				15. Armscye Depth	
16. Skirt Length / Waist to Knee				16. Skirt Length / Waist to Knee	
17. Waist to Hip (back)				17. Waist to Hip	
18. Waist to Floor (back)				18. Waist to Floor	
19. Body Rise (sitting)				19. Body Rise / Crotch Depth	
20. Sleeve Length (bent arm)				20. Sleeve Length	

Measurement Chart - Individual Block Draft

Chart 2

<p>Date: Person Measured: Person Measuring:</p>			
<p>Extra Measurements for FreeSewing.org</p>			
<p>Measurements for FreeSewing (live model's measurements, in centimeters) (Do not pull tape measure too tight or too loose)</p>		<p>If the same body portion is measured on Chart 1, It is listed by the name from Chart 1 in this column. Here, you can list the Individual's Measurements from Chart 1.</p>	
Ankle		Ankle	
Biceps circumference		Top Arm/Biceps	
Bust Front			
Bust Span			
Chest Circumference		Bust	
Cross Seam			
Cross Seam Front			
Crotch Depth		Body Rise	
Head Circumference			
Heel Circumference			
High Bust			
High Bust Front			
Hips Circumference			
HPS to Bust			
HPS to Waist Back			
HPS to Waist Front			
Inseam			
Knee Circumference			
Neck Circumference		Neck Size	
Seat Circumference		Hips (~21 cm below waistline)	
Seat Back			
Shoulder Slope			
Shoulder to Elbow			

Date: **Chart 2, continued**
Person Measured:
Person Measuring:

Extra Measurements for FreeSewing.org - Continued

Shoulder to Shoulder		Back Width (15 cm below neck bone)	
Shoulder to Wrist		Sleeve Length (bent arm)	
Underbust			
Upper Leg Circumference			
Waist Circumference		Waist (natural)	
Waist Back			
Waist to Floor		Waist to Floor	
Waist to Hips			
Waist to Knee			
Waist to Seat			
Waist to Underbust			
Waist to Upper Leg			
Wrist Circumference		Wrist	